

DISASTER MANUAL



When an earthquake strikes during class

1. Protect yourselves first!

Try to keep calm and stay away from objects with the potential to fall over. Get under sturdy desks or protect your head with something (bag, jacket).

2. Put out fire sources (if any)!

3. Secure an escape route!

Open the doors or windows to make sure you can escape to the outside.

Do not rush outside in a panic (in some circumstances, it is safer to stay inside).

4. When evacuating (after the earthquake subsides)

Make sure you know the nearest exit (check the emergency evacuation map).

Do not use elevators.

Go to sports ground (evacuation site on campus).

Confirm the safety of the students and follow the instruction of TUFS emergency headquarters.